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How to catch a flying pig: Facilitating embodiment work in online rooms

Overcoming the tyranny of distance

Petro Janse van Vuuren &
Christian F. Freisleben
www.playingmantis.net

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“When pigs fly”: Figure of speech that says something is completely impossible, even unthinkable.

Flying pig: The moment of insight that brings shift and transformation in our clients, students, participants, ourselves…

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Daily routine of great distances… Also challenging for people who work in a group of PHd-students.

Live-Online-Tools: One option of meeting in an easy way…

…and in a very intense way!

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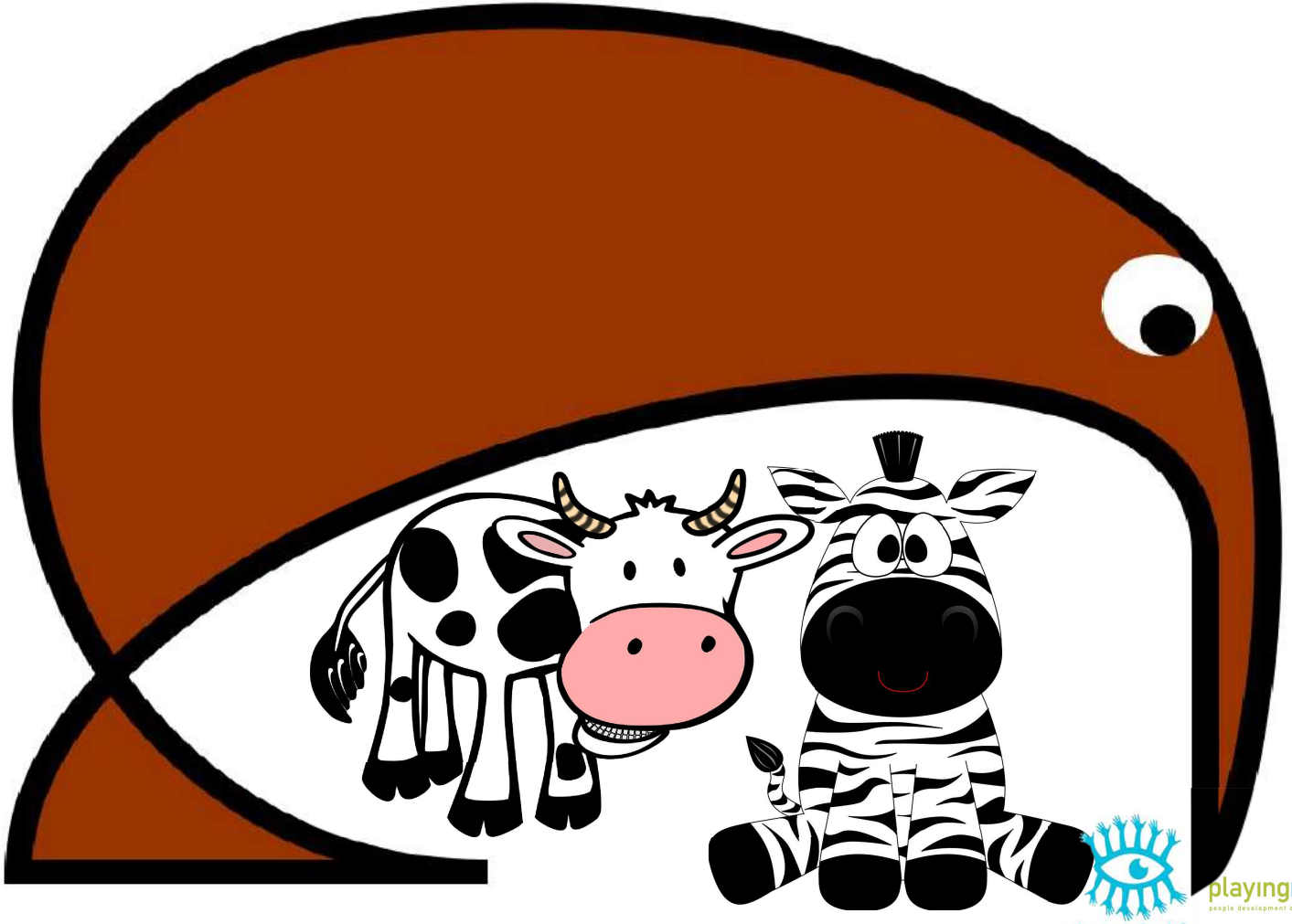


NZ meets RSA meets AT

Petro Janse Van Vuuren &
Christian F. Freisleben

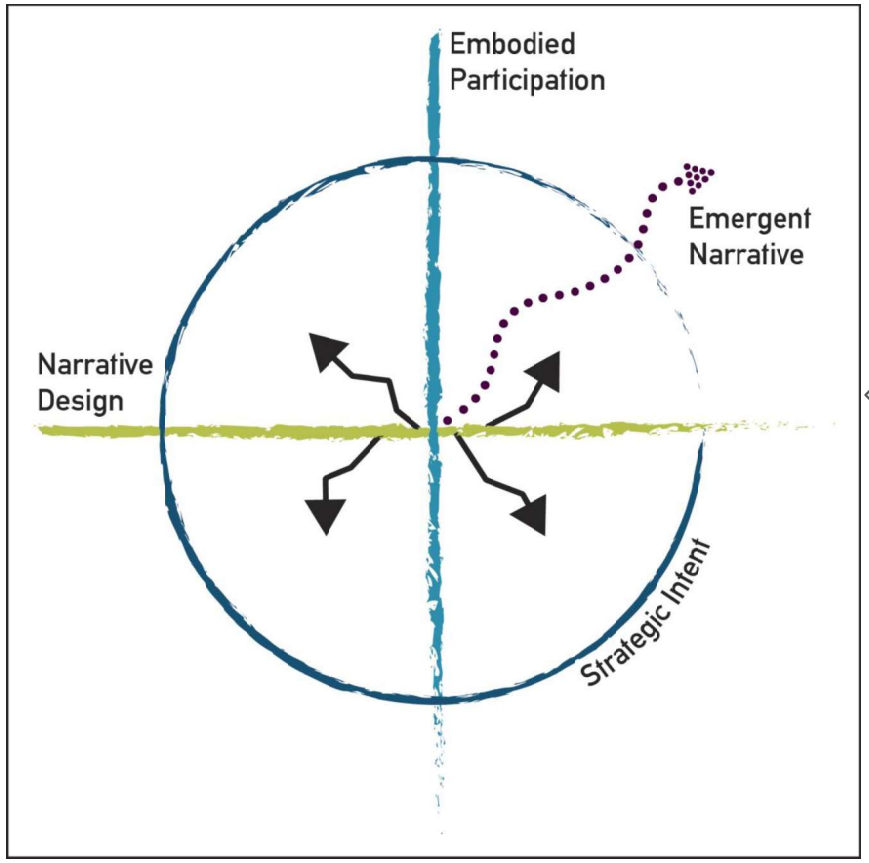
Kiwidraw cc_by_sa_chrisMartin_wikimedia_https://commons.wikimedia.org/wiki/File:Kiwidraw.svg

Three elements of Strategic Narrative Embodiment

1. Someone who wants something (a strategic intent)
2. Obstacles in their way (an embodied reality)
3. They try to get it anyway (the narrative/story)

More about SNE: http://t1p.de/pmsne

Containment and safety



The room

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Safe environment

Atmosphere, that supports participants to open up and to dare to share.

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Individual settings

Where is participant?
Background? Comfortable?
Not disturbed?

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Connection

Getting to know & how to share / collaborate on information.

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Intimacy and vulnerability

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Technical issues

Digital play grounds!

Working in small groups

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Co-Facilitation

Make it short & crispy

Foster role flexibility

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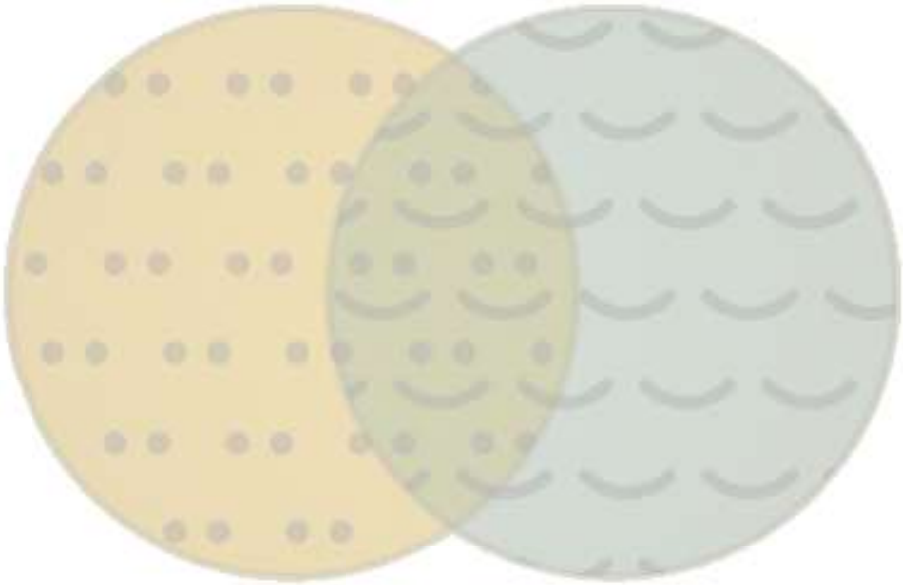
intense

intimate

moving

sparkling



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energising

..got into
my heart

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